

# international flights

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## Packing List For Long International Flights

### COMFORT

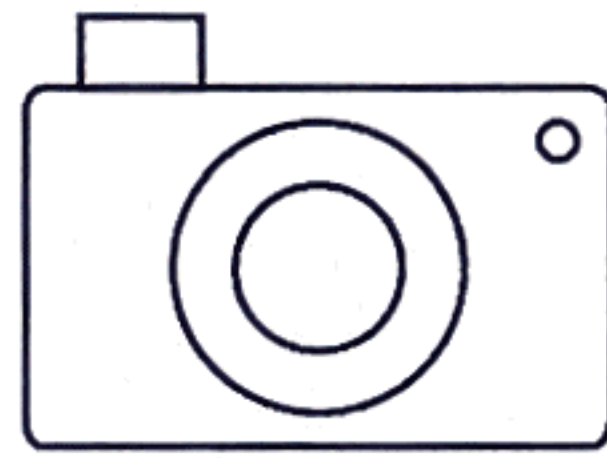
- Scarf / shawl
- Travel pillow
- Eye mask
- Socks
- Earplugs



- Tickets to events
- Extra outfit
- Flip flops
- Extra contact lens
- Glasses
- Hand sanitizer
- Wipes
- Tissues

### ENTERTAINMENT

- Phone
- Phone charger
- Headphones
- Portable charger
- Book / magazines
- Audiobook / podcast downloader
- Notebook / pen
- USB cord
- Camera
- Camera battery charger
- Tablet



### PERSONAL ITEMS

- Makeup bag
- Travel sized toiletries
- Jewellery
- Hairbrush / comb
- Feminine hygiene products
- Deodorant
- Lotion
- Chapstick



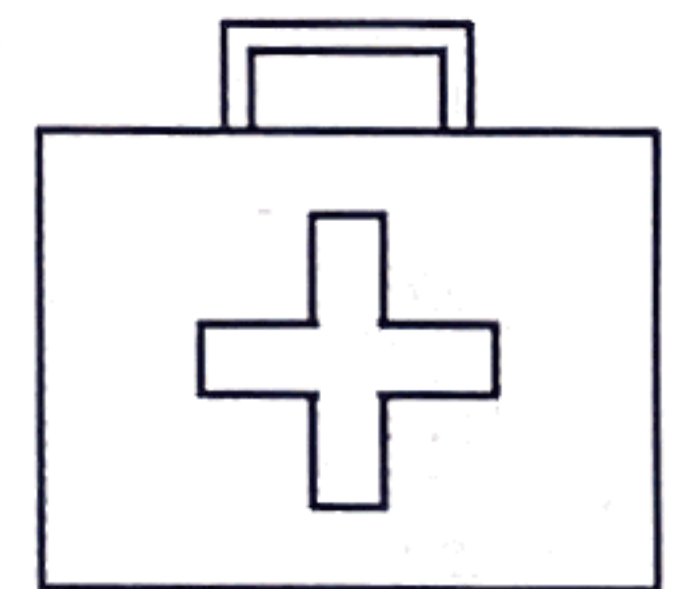
### TRAVEL ESSENTIALS

- Boarding Pass
- Passport / ID
- Credit card
- Cash
- Hotel / rental car info
- Flight itinerary



### SNACKS AND MEDS

- Granola bars
- Gum
- Mints
- Ibuprofen / Advil
- Prescription Medication
- Travel first aid kit
- Refillable water bottle



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